
BRUNCH

PLATES

Eggs Your Way	13 ½
Two eggs any style, multi-grain toast, rosemary potatoes	
<i>choice of bacon, ham or spicy Italian sausage</i>	
F&B French Toast	12 ½
Fresh baked banana bread, candied almonds, strawberries, whipped cream, maple syrup	
Blueberry Pancake Breakfast	15 ½
Two pancakes, two free-range organic eggs, maple syrup, rosemary potatoes	
<i>choice of bacon, ham or spicy Italian sausage</i>	
The Middle Eastern	13 ½
Two fried eggs, fire-roasted tomato, fresh herbs, rosemary potatoes, Macedonian feta, Persian naan	
Eggs Benedict	
free-range organic eggs, hollandaise rosemary potatoes	
classic ham or bacon avocado	14 ½
pulled lamb or smoked salmon	15 ½
Avocado Toast	9 ½
fire-roasted tomato, fresh herbs, Macedonian feta, Persian naan	
<i>+ two poached eggs 5</i>	

LUNCH

F&B Burger	15 ½
Cheddar, jalapeño mayo, burger relish, romaine, tomato, red onion, kaiser bun	
<i>+ fried egg 2 ½</i>	

DRINKS

Caesar	7 ½
<i>classic, rosemary, black pepper</i>	
Signature Gin Caesar	11 ½
<i>pepperoni, bococini, asparagus, jalapeño</i>	
Mimosa	7 ½
Specialty Coffee or Tea	7 ½
Coffee or Tea	2 ½
Fresh Mint Tea	3 ½
Fruit Juice	3 ½

BOWLS

Veggie Hash	14 ½
Two poached free-range organic eggs, spinach, caramelized red onion, hollandaise, red peppers, mushrooms, Macedonian feta	
Vegan Hash	14 ½
Tofu scramble, vegan pesto, spinach, caramelized red onion, red peppers, mushrooms	
F&B Hash	15 ½
Two poached free-range organic eggs, hollandaise, spinach, caramelized red onion, red peppers	
<i>choice of bacon, sausage, or ham</i>	
Breakfast Poutine	14 ½
Our world famous lamb gravy poutine with two fried free-range organic eggs	
<i>+ pulled lamb 4 ½</i>	
Breakfast Taquitos	14 ½
Two crispy flour tortillas stuffed with scrambled free-range organic eggs, cheddar, bacon, rosemary potatoes, banana peppers, salsa, sour cream	
Chef's Omelette	15 ½
Rotating omelette, rosemary potatoes, multigrain toast	

SIDES & EXTRAS

<i>+ tofu, beyond meat sausage</i>	4 ½
<i>+ italian sausage, bacon, ham, pulled lamb</i>	4 ½
<i>+ extra egg, avocado, guacamole, toast</i>	2 ½
<i>+ hollandaise, sub salad</i>	2 ½
<i>+ blueberry pancake</i>	4 ½
<i>+ rosemary potatoes</i>	4 ½

DINNER

Check us out for dinner Tuesday-Sunday