# **STARTERS & SHARES**

Spicy House Made Pickles Assorted vegetables	5½
Olives Assorted Italian olives	61/2
Grilled Spicy Italian Sausage House made pickles, horseradish mustard	81/2
Finch & Barley Fries  Double blanched, jalapeño mayo	91/2
Yam Fries Double blanched, sirracha mayo	10½
Sundried Tomato Hummus Chickpeas, roasted garlic, served with sesame seed flat bread	10½
Baba Ganoush Roasted eggplant, garlic, herbs & spices, roasted walnuts, served with sesame seed flat bread	111/2
Crispy Cauliflower Turmeric, lemon, green onion, avocado tahini dip	13½
Lamb Meatballs  House made saffron tomato sauce with chimichurri and toasted Turkish bread  + extra meatball \$5	151/2
Lamb Gravy Poutine Cheese curds, lamb gravy on a bed of F&B fries + pulled lamb for \$6	15½
Chicken Wings  1lb of wings, tossed in your choice of hot, paprika ginger, bourbon BBQ, jalapeño mustard + choice of dip for \$1	16½

# SALADS

Chilled Beet Salad	14½
Red and gold beets, arugula, goat cheese, pistachio, pesto vinaigrette	
Kale Caesar Salad	15½
Zattar spiced croutons, parmesan, cured egg yolk, lemon	
+ chicken or prawns for \$7	
FXB Power Bowl	181/2
Turmeric, roasted yams, chickpeas, carrot, pumpkin seeds, spinach, mint, pickled red cabbage, quinoa, maple tahini dressing	
Grilled Saffron Chicken Salad	19½
Mixed organic greens, avocado, dates, macedonian feta, red peppers, quinoa, cucumber, cilantro, lime, vinaigrette	
FLATBREADS	
All flatbreads are available gluten-free + \$6	
Fig Fennel	171/2
Apple, goat cheese, arugula, roasted tomato, lemon herb aioli	
Pear Brie	171/2
Basil, roasted garlic, balsamic reduction, lemon herb aioli	
Spicy Italian Sausage	181/2
Spinach, red onion, jalapeños, house marinara, jalapeño aioli	
TACOS	
Crispy Fish Tacos	161/2
Smoked paprika marinade, avocado crema, salsa fresca, shredded cabbage, pickled onion	
Prawn Tacos	161/2
Smoked paprika marinade, avocado crema, salsa fresca, shredded cabbage, pickled onion	
Halloumi Tacos	16½
Hummus, pickled cabbage, shirazi salad, lemon herb aioli	
Pulled Lamb Tacos	171/2
Tomato lime marinade, shirazi salad, pickled cabbage, lemon herb aioli	
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## **BURGERS & SANDWICHES**

Burgers and sandwiches come with hand cut fries. Substitute yam fries, half/half, organic spring salad, or kale caesar for \$3½ Add bacon, mushrooms, or house guacamole for \$2½.

# Grilled Halloumi Sandwich Tzatziki, hummus, roasted red pepper, arugula, pickled red onions, on toasted Turkish bread Finch & Barley Burger Cheddar, jalapeño mayo, hamburger relish, crisp romaine, tomato, red onion, on a toasted brioche bun Lamb Burger Feta, organic greens, tomato, grilled red onion, lemon herb mayo, on a toasted brioche bun Grilled Saffron Chicken Club Bacon, guacamole, mixed organic greens,

tomato, sundried tomato basil mayo, on toasted Turkish bread

### MAINS

Coconut Curry  Red peppers, cauliflower, green beans, carrots, served with jasmine rice	181/2
+ prawns for \$7	
Slow Braised Lamb Shank	29½
Roasted eggplant and tomato, market vegetables, herbed barley, saffron buttered potatoes	
6oz AAA Filet Mignon	421/2
Roasted rosemary parmesan potatoes, asparagus, cilantro walnut pesto	
6oz AAA Filet Mignon	441/2
Roasted rosemary parmesan potatoes, asparagus, mushroom red wine reduction	

### **PASTA**

Please ask your server about our weekly pasta feature.

# **DESSERTS**

Affogato Scoop of locally made vanilla ice cream drowned in fresh espresso, served with almond biscotti	81/2
Chocolate Ganache	91/2
Walnut crust, cinnamon sugar wafer, cream, strawberry	972
New York Cheese Cake	91/2
dulce de leche, strawberry sauce, brandied cherries	
COFFEE	
F-1111-1111	02/
Espresso	23/4
Americano	31/2
Cappuccino	41/2
Latte	41/2
Lavender or Vanilla Latte	5½
Café Mocha	5½
HAPPY HOUR FOOD	
Finch & Barley Fries	61/2
Yam Fries	61/2
Hummus	71/2
Baba Ganoush	71/2
Crispy Cauliflower	101/2
Lamb Gravy Poutine	101/2
Pear Brie Flatbread	131/
Italian Sausage Flatbread	131/
HAPPY HOUR DRINKS	
House Lager	5½
House Lager Pitcher	141/2
Highballs	41/2
6oz House Red or White	61/2
9oz House Red or White	91/2

# **OUR FAMOUS BRUNCH**

Saturdays & Sundays 10am-2pm